



Red Cross will teach classes in Summit, Millburn and Madison this spring

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PROFESSIONAL RESPONDER AWARDS — Chatham Township Mayor Nicole Hagner, far left, proclaims March is American Red Cross Month, and presents Colonial Crossroads Red Cross chapter executive director Christy Hodde, third from left, with a commemorative plaque in recognition. Hodde, in turn, recognizes Kristen Scaglione, second from left and Kathleen Lavelle far right, with the American Red Cross Award for the Professional Responder, one of the highest awards given by the Red Cross. Scaglione and Lavelle were trained through the Red Cross lifeguarding program, and while working as lifeguards, they saved a two-year old from drowning in Chatham Township's Colony Pool during summer, 2009.

The American Red Cross will offer life-saving skill like CPR or First Aid this spring through one of the many classes offered during the week and on weekends.

Registration and advance payment are required for all community classes. Individuals may register for classes in Summit and Madison by visiting ccnjredcross.org; calling 908-273-2076, or in person at the Red Cross office in Summit, 695 Springfield Ave. or Madison at 1 Madison Ave.

To register for classes in Millburn, visit redcross.org/nj/millburn or call 973-379-4198.

Infant and Child CPR, trains individuals to recognize and care for life-threatening respiratory or cardiac emergencies in infants and children up to 12 years old. The course is offered in Summit on Wednesday, April 14, 10 a.m. to 2:30 p.m. and in Millburn on Tuesday, April 20, 6 to 10 p.m. The course fee is \$50.

Standard First Aid course trains participants to recognize and respond to emergencies. Describes the three emergency action steps. Demonstrates how to minimize the risk of disease transmission when giving care. Also describes how to check an unconscious person for life-threatening and non-life-threatening conditions. Identify the signals of shock and describe how to minimize its effects. It covers emergency care for conscious schooling victims, bleeding, splinting and other first aid emergencies. Identify the signs and symptoms of sudden illness, including stroke, diabetic emergency, poisoning, and allergic reactions, and describe how to care for them. Demonstrate how to control bleeding, and how to care for a muscle, bone or joint injury. The course is offered in Millburn on Monday, April 26, 6 to 10 p.m. The fee is \$50.

Adult CPR/AED provides training in recognizing and handling emergency situations, caring for breathing and cardiac emergencies, performing Cardiopulmonary Resuscitation on adults, and using an Automated External Defibrillator on victims of sudden cardiac arrest until advanced medical help is available. Basic precautions to prevent the transmission of disease also are covered. The course is offered from 6 to 10:30 p.m. in Millburn on Friday, April 2, in Summit on Saturday, April 10, in Millburn on Friday, April 16, in Summit on Wednesday, April 21, in Summit on Monday, April 26 and in Summit on Friday, April 30. The fee is \$50.

Adult CPR/AED plus Child and Infant CPR teaches participants to recognize and care for breathing and cardiac emergencies in infants, children and adults; and understand the role of AEDs in the Cardiac Chain of Survival, as well as use of AEDs on individuals eight or older. This six-hour course is available in Summit on Saturday, April 10, 9 a.m. to 3:30 p.m.; in Summit on Wednesday, April 21, 6 to 10:30 p.m. and again on Thursday, April 22, 6 to 8p.m.; in Summit on Friday, April 30, 6 to 10:30 p.m. and again on Saturday, May 1, 9 to 11 a.m. The course fee is \$60.

CPR/AED for the Professional Rescuer and the Healthcare Provider – The purpose of this course is to teach those with a duty to act (including professional rescuers and healthcare providers) the skills needed to respond appropriately to breathing and cardiac emergencies. This includes the use of an automated external defibrillator (AED) to care for a victim of cardiac arrest. Individuals that should attend this course are, but not limited to: EMTs, Paramedics, Firefighters, Police, Physical Therapists, Occupational Therapists., Athletic Trainers, EMS personnel, Nursing Students, Correctional Officers, Ski Patrol, Wilderness-Based Staff, Allied Health Professionals

Participants who successfully complete the course will receive the certificate for CPR/AED for the Professional Rescuer and the Healthcare Provider which is valid for two years. Course Length: 8 hours. This course will be offered in Summit on Monday April 12 and Tuesday, April 13 from 6 to 10 p.m. both nights; in Summit on Sunday, April 18, 8:30 a.m. to 4:30 p.m. and in Millburn on Thursday, April 22 and Friday, April 23 from 6 to 10 p.m. both nights. Course fee, \$80 includes pocket mask and book.

CPR/AED for the Professional Rescuer and the Healthcare Provider Recertification Challenge is a two to three-hour course is to certify or re-certify in CPR/AED for the Professional Rescuer and the Healthcare Provider. If you need a pocket mask, the additional cost is \$20. You do not need to be currently certified to be tested. The first 30-45 minutes are the pre-course manikin practice and Q&A session, once challenge testing has begun, there will be instructor prompting only, no coaching or assisting. Participants who successfully complete the course will receive a certificate for CPR/AED for the Professional Rescuer and the Healthcare Provider which is valid for two years. This class is offered in Summit on Friday, April 16, 5 to 7:30 p.m. and in Millburn on Monday, April 19, 6 to 9 p.m. The fee for this course is \$60.

First Aid with Adult CPR/AED and Infant and Child CPR teaches participants to recognize and care for breathing and cardiac emergencies in infants, children and adults, as well as perform basic first aid and treat sudden illnesses. The course also includes training in using an AED. It is offered in Summit on Saturday, April 10, 9 a.m. to 5:30 p.m.; in Summit on Wednesday, April 21, 6 to 10:30 p.m. and again on Thursday, April 22, 6 to 10 p.m.; in Madison on

Friday, April 30, 6 to 10:30 p.m. and again on Saturday, May 1, 9 a.m. to 1 p.m. You must attend two-part classes. The fee is \$65.

Standard First Aid with Adult CPR and AED combines CPR, AED and first aid training to teach participants to recognize and care for breathing and cardiac emergencies in individuals 12 year and older, and to perform basic care for injuries, sudden illnesses until advanced medical personnel arrive. This includes training in and using an automated external defibrillator on a victim of sudden cardiac arrest. The course fee is \$60. This class will be held in Summit on Thursday, April 15, 9 a.m. to 4:30 p.m.

CPR/FA Training for Teens trains teens to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in children and infants. The course will also teach the skills necessary to help sustain life and minimize consequences of injury or sudden illness until medical help arrives. The recommended age is 11 years or older. Upon successful completion of the course, participants will receive a certificate for Standard First Aid and Infant and Child CPR. The fee is \$65. The class will be held Tuesday and Thursday, April 8 and 9 from 12:30 to 4:30 p.m. in Millburn.

CPR/AED/First Aid Recertification Challenge provides re-certification in CPR for adults, infants, children; AED; first aid and/or CPR/AED for the professional rescuer. Challenge testing is preceded by pre-course manikin practice and a question and answer session, which will last 30 to 45 minutes. Students are to bring course book to class. This class will be held in Millburn on Wednesday, April 14 at 6 p.m. The fee is \$50.

First Aid/CPR/AED for Schools and Community teaches basic care for injuries of sudden illnesses until advanced medical care can take over: handling emergency situations; basic disease transmission precautions; recognizing and caring for bleeding, wounds, sudden illness; and immobilizing muscle, bone and joint injuries. This combines Adult, Child, and Infant CPR training. This course is being held in Millburn on Friday, April 2, 6 to 10:30 p.m. and on Saturday, April 3 from 9 a.m. to 1 p.m. and again in Millburn on Friday, April 16, 6 to 10:30 p.m. and again on Saturday, April 17, 9 a.m. to 1 p.m. Participants must attend both sessions. The course fee is \$65.

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