



Berkeley Heights 5K Charity Race supports disaster relief in Haiti and local Red Cross

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On behalf of the Berkeley Heights 5K Charity Race held this past September, Dr. Patrick Smith of Smith Chiropractic in Berkeley Heights presented the Colonial Crossroads Chapter of the American Red Cross with a check for \$1,250 to benefit local services and relief efforts in Haiti.

Dr. Smith is the founder and organizer of the Annual Berkeley Heights 5K Charity Road Race & Fitness Walk which benefits more than a dozen area non-profits. Smith designated \$500 for the Red Cross Haiti disaster relief efforts with the balance to be used for the Colonial Crossroads Chapter's programs and services.

"We are always delighted to accept donations on behalf of the Red Cross work in Haiti but are also so appreciative that Dr. Smith remembered our work locally," said Christy Hodde, chapter executive director. "In the week following the Haiti earthquake, our own Disaster Action Team was responding to a multi-family house fire in Stirling that completely destroyed the building. Our team was on the scene to offer food, shelter, emotional counseling and provide next steps to help these individuals on the road to recovery."

The next charity race is scheduled for Sept. 19, 2010. For more information on the race contact Smith at 908-464-8899 or visit **berkeleyheights5K.com**.

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