



Everything Jersey

Learn about the 'smart grid' or how to save a life; it's all happening Around the Towns

By Independent Press

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PADDLE TENNIS B TEAM — Members of the Chatham Fish and Game Women's Paddle Tennis B Team gathered for a holiday luncheon on Tuesday, Dec. 15, at Café Beethoven in Chatham. From left in row one are Mindy Pitonyak, Sue Duren, Susan Barbey, Hali Luria and Jenny Moskowitz. In row two are Jessica Prindiville, Kelly Savarese, Chris Crowley, Binita Kraus and Iseult Devlin. Missing from the photo are Gloria Wilson and Barbara Bristol. All are of Chatham. The B Team is part of the New Jersey Women's Paddle Tennis League, Series 12 and are currently in fifth place; however, two matches are left to play before the end of the season.

The 'Smart Grid' is Guard theme

Arthur Kressner, of Consolidated Edison Company of New York, will address the members of the Summit Area Old Guard on Tuesday, Feb. 2.

Kressner, who is Consolidated Edison's Director of Research and Development, Power Supply, will address the Summit Old Guard on the Smart Grid, its improved energy efficiency and reliability. He will demonstrate how the Smart Grid will handle the demands of electric vehicles.

Kressner is a graduate of Brooklyn Polytechnic and New York University. He is the co-author of "Computer-Aided Lean Management for the Energy Industry."

The Summit Area Old Guard welcomes local men ages 50 and older. The group meets on Tuesday mornings at the New Providence Municipal Center, 360 Elkwood Ave. Coffee hour starts at 9:15 a.m. and is followed by a 10 a.m. business meeting.

In February, the Guard travels to the Hunterdon Playhouse. Call 908-464-4116, or visit

summitoldguard.homestead.com.

For information about The Volunteer Guild, call 908-771-5847.

Lunch and learn at the Red Cross

SUMMIT — The Colonial Crossroads Chapter of the American Red Cross will host "Hour for the Red" Lunch & Learn presentations, on the second and fourth Thursdays of the month at noon, at the chapter house, 695 Springfield Ave.

The chapter invites its neighbors to these events, Jan. 28; Feb. 11 and 25; March 11 and 25; and April 8 and 22. Find out what the American Red Cross does in your community every day; learn about the chapter's critical programs and services; and hear personal stories from volunteers.

Bring a brown bag lunch or enjoy the Red Cross light refreshments. Reserve to attend. Call the Red Cross director of development at 908-273-2076, ext. 18.

Women therapists meet on Sunday

SUMMIT — The Winter General Meeting of the New Jersey Association of Women Therapists will be held on Sunday, Jan. 31, at the United Methodist Church of Summit, 17 Kent Place Boulevard.

The program will be, Buddhist Practice and Psychotherapy. The presenter will be Christina Hathaway.

Networking and a light supper will begin at 6 p.m. New members are welcome. Email tilitoiler@aol.com or visit NJAWT.org.

Volunteer Guild plans vendor sale

BERKELEY HEIGHTS — The Volunteer Guild at Runnells Specialized Hospital, 40 Watchung Way, will sponsor a uniform sale in the facility's multi-purpose room, 9 a.m. to 3:30 p.m. on Thursday, Jan. 28.

Twenty percent of all vendor sales will benefit The Volunteer Guild, which purchases items for patients and residents of Runnells Specialized Hospital.

The Guild also supports a holiday party for patients with support from the Berkeley Heights Lions Club.

Sojourner Truth at Summit Library

SUMMIT — On Tuesday, Feb. 2, at 7:30 p.m., the Summit Free Public Library, 75 Maple St., invites the public to "meet" the noted 19th century author, lecturer, and abolitionist, Sojourner Truth.

Actress Daisy Century brings to life the story of former slave Isabella Baumfree, who changed her name to Sojourner Truth and walked through Long Island and Connecticut, preaching "God's truth and plan for salvation." After months of travel, she arrived in Northampton, Massachusetts, and joined "The Northampton Association of Education and Industry," a utopian community where she met and worked with abolitionists such as William Lloyd Garrison and Frederick Douglass.

The program is free to the public in the library's Ernest S. Hickok Meeting Room. Doors open 15 minutes before the program begins. It is offered through the Horizons Speakers Bureau of the NJ Council for the Humanities. Call the library at 908-273-0350 or visit summitlibrary.org.

Genealogist talks about graveyards

The Morris Area Genealogy Society invites the public to a free presentation on "Graveyards and Greater Plots," with family historian and findagrave.com enthusiast, David Peck.

He speaks to the group on Tuesday, Feb. 2, at 6:45 p.m. at the Morris County Library, 30 Hanover Ave, Whippany. Peck will describe how tombstone hounding can lead to serendipitous finds, as family plots lead to wills, and wills to land records.

The society meets the first Tuesday of each month in the first floor public meeting room at the County Library, with refreshments and a sharing table preceding the program at 6:30 p.m. Call the North Jersey History and Genealogy Center at the library, 973-538-3473, or visit the Society's website, rootsweb.ancestry.com/~njmags.

In case of inclement weather, call 973-285-6930.

Rheumatologist at Thursday Club

MADISON — Vandana Singh, DO, will present "A Bone Healthy Lifestyle" to a meeting of The Thursday Morning Club, at 10 a.m. on Thursday, Feb. 4, at the Madison Community House, 25 Cook Ave. She will speak about osteoporosis, its diagnosis, treatment, and lifestyle with the condition. Her presentation is free to the public.

Dr. Singh is a board-certified rheumatologist practicing in Morristown and a member of the Atlantic Rheumatology and Osteoporosis Associates of Cedar Knolls. She treats patients with rheumatoid arthritis, osteoarthritis, lupus and spondyloarthropathies and osteoporosis. She completed a rheumatology fellowship at Mount Sinai Medical Center, New York, NY and a lupus fellowship at Johns Hopkins Medical Institute, Baltimore Maryland.

For information about the Thursday Morning Club call the Community House at 973-377-0244.

MDE Group head shares forecasts

MILLBURN — From 6:45 to 8 p.m. on Tuesday, Feb. 9, Mitchell D. Eichen will address members of the American Association of Individual Investors. The meeting will be held at the Millburn Public Library, 200 Glen Ave.

Eichen, who is chief executive officer of the MDE Group in Morristown, will share MDE's market forecasts for the year ahead and its recommended asset allocation for the first part of 2010.

Eichen earned an LL.M. in taxation from the New York University School of Law Graduate Division; and a J.D. from Georgetown University Law Center.

Meetings of the American Association of Individual Investors are free to the public. Email rgaustin@comcast.net.

AARP hears about Medicare

CHATHAM TWP. — The Morris Area AARP chapter #3948 next meets on Thursday, Feb. 11 at the Presbyterian Church at Chatham Township, 240 Southern Boulevard. Social begins at 9:30 a.m. and is followed with a meeting at 10 a.m.

The speaker on Feb. 11 will be Joe Zingone, whose subject will be Upcoming Medicare Cuts, Stay Healthy. Bingo follows.

On March 16, the AARP chapter travels to Woodlock Pines to celebrate St. Patrick's Day.

From April 27 to 28, the group visits Lancaster, Pennsylvania to see the Sight and Sound Theater production of "Joseph." Call 973-538-8436.

See slide lecture on America Art

CHATHAM — The Woman's Club of Chatham will meet at 1 p.m. on Friday, Feb. 19, at The Library of the Chathams, 214 Main St.

The club members will enjoy a slide lecture delivered by a representative of The Newark Museum, who will speak about the museum's collection of American Art, from Colonial days to contemporary times.

The public is welcome to attend. Call 973-635-2343.

McDowell probes 'Curves, Carpets'

BERKELEY HEIGHTS — Chatham gardener, author, teacher and preservationist Marta McDowell will address the power of "Curves, Carpets and Color" in garden design at a presentation sponsored by The Gardeners of Watchung Hills on Tuesday, Feb. 23.

Free and open to the public, the meeting will be held at 7:30 p.m. at Westminster Presbyterian Church, 725 Mountain Ave. in Berkeley Heights. For information, contact President Cynthia Amorese at 908-665-8072 or email camorese@comcast.net.

Film to explore 'Troubled Water'

SUMMIT — On Friday, Feb. 5 at 12:30 p.m. the Summit Free Public Library will show the next title in the Film Movement Series.

In "Troubled Water" Jan, recently released from prison after serving time for the murder of a child, has always

maintained his innocence and is ready to put the past behind him. A gifted organist, he takes a job at an Oslo church under his middle name, Thomas.

But his past catches up with him when he is recognized.

The film is unrated, and is in Norwegian with English subtitles. Admission is free, and open to all, but seating is limited. Doors open 15 minutes before each showing.

The Summit Free Public Library is located at 75 Maple St. Call 908-273-0350 or visit summitlibrary.org for more information.

Y movie nights continue Feb. 26

BERKELEY HEIGHTS — Family Movie Night at the Berkeley Heights Y will be held on Friday, Feb. 26, beginning at 6:30 p.m.

Families are invited to enjoy a G rated movie, refreshment are available. Y members are free, \$10 per family for non-members.

The Berkeley Heights Y is located at 550 Springfield Avenue. Phone: 908-464-8373.

Y bridge classes to start on Feb. 3

SUMMIT — The Summit YMCA will start a new beginner's Bridge Class on Wednesday, Feb. 3.

The class is open to the community, Y membership is not required. The class will meet on Wednesdays, from 11 a.m. to noon at the Summit Y, 67 Maple Street. Class fee is \$20 for first four classes, \$5 per class thereafter, along with a one time \$10 registration fee.

Duplicate and Shuffle Bridge sessions for intermediate players also run continuously on Wednesdays at the Y from 12:30 to 3:30 p.m., no partners are needed. Fee is \$7 per week, along with a one time \$10 registration fee.

For more information and to register, contact Mary Loeser at 908-273-3330 x 163. mloeser@summitymca.org .

Books needed for College Club sale

SUMMIT — Books in good condition in easily liftable boxes or bags are now being collected for the College Club's annual Book Sale.

Donated books may be left at Westy Self-Storage center, 15 River Rd., Chatham. A collection table is in the main lobby. Please, no textbooks, manuals, digests or encyclopedias.

Westy has donated storage space to help the College Club raise money for scholarships for local girls.

Anyone with questions about donations or about helping with the sale, should call Anita Meritt at 908-464-2540, and leave a message with a telephone number.

This year's sale will be on April 14 -18 at the New Providence American Legion Hall.

Organize your life at Madison Library

MADISON — The Madison Public Library will present "Organize Your Life" on Wednesday, Jan. 27 at 7 p.m. in the Chase Room.

This two-hour workshop, led by professional organizer Adrienne Graf will give ideas on what to do with all the clutter in your life. Disorganization can affect all aspects of your life, and Graf will get the audience started on clearing out the things that are bogging people down.

The workshop is free and open to the public, but registration is required.

To sign up, call Carrie Thompson at 973-377-0722, Ext. 226.

Library to hold 'Scrabble Nights'

SUMMIT — The world's most popular word game returns to the Summit Free Public Library in January.

Scrabble Night will be held on the second and fourth Tuesdays of the month, from 7 to 9 p.m. The next evening will be on Jan. 26.

Adult players of all skill levels are welcome. Learn tips and strategies, or just stop by to enjoy a couple of games.

The program is free and registration is not required. The library provides Scrabble boards and dictionaries. The

Summit Free Public Library is at 75 Maple St. The telephone number is 908-273-0350.

Learn all about Junior Fortnightly

SUMMIY — The Summit Junior Fortnightly Club will hold an informational meeting for prospective members at 7:30 p.m. on Thursday, Jan. 28, at the Fortnightly Clubhouse, Twin Maples, 214 Springfield Ave. The Junior Fortnightly Club organizes large and small fundraising events for local and national charities. These include Casino Night, Shopping Night, Travel Auction and the annual Tot Trot. In addition to fundraising, the club focuses on community service projects and activities for women and families. The club meets bi-weekly from September through May. For information, come to the informational meeting; call 908-273-3045 or 908-918-0613.

Adult school has February classes

The Adult School of the Chathams, Madison and Florham Park will begin spring classes at the end of February, with additional classes beginning in March and April. Catalogs will be delivered in late January and the online spring catalog will be available at theadultschool.org in late January. The Adult School has a wide variety of classes starting soon including sewing and upholstery, painting, guitar lessons, dancing, computer, tai chi, jewelry making and a wide variety of language classes. Visit theadultschool.org and type the subject area of interest into the search engine to view offerings. Or call 973-443-9222 for more information.

Bonnie Monte speaks to club

MADISON — Bonnie Monte, artistic director of the Shakespeare Theater of New Jersey, will speak in The Thursday Morning Club, Wise Wonderful Women lecture series, Thursday, Feb. 11, at the Madison Community House, 25 Cook Ave. The lunch lecture starts at 11:30 a.m. The Thursday Morning Club welcomes the public at this luncheon event. Reserve to attend at \$35, per person which includes lunch. Checks are to be made payable to TMC Wise Wonderful Women, and sent to Thursday Morning Club, P.O. Box 345, Madison, NJ 07940. No tickets will be mailed. Reservations are non-refundable. Call 973-723-6125.

Public invited to 'Beauty, Beast'

THE CHATHAMS — 'Beauty and the Beast' will be performed by Chatham Middle School students at the Chatham Middle School Auditorium at Main Street. Show dates are: Thursday, Feb. 4 at 6 p.m. when seniors are invited to attend free of charge"; Friday, Feb. 5 at 7 p.m.; Saturday, Feb. 6 at 7 p.m.; and, if a snow date s needed, on Sunday, Feb, 7 at 2 p.m. Tickets at \$6 are available in advance at the main office at CMS, and will be sold at the door the night of the show. The show is directed by music teacher Christie Spriggs.

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